

Livingston County Area Junior Football League Meeting Minutes – February 2017

Submitted by: Byron Myer (South Lyon)

Meeting called to order at 6:39pm with all communities present with exception of Byron who was unexcused.

Motion to approve the January minutes as written by Lakeland (Porter) seconded by Hamburg (Shepley). Motion passed unanimously.

Motion to approve the Agenda as written by Howell (Curtin) seconded by South Lyon (Myer). Motion passed unanimously.

Motion to elect for the Executive Board as follows by Howell (Tom Curtin), seconded by Hamburg (Shepley)

President: Jason LaPerna from South Lyon
Vice President: Clay Porter from Howell
Treasurer: Maureen Wagner from Lakeland
Secretary: open

Motion passed unanimously.

Discussion occurred around the 2017 calendar. A tentative schedule with a start date of August 7 was brought up by Howell. This would have teams practicing up to 5 weeks prior to their 1st game.

Motion to start practice on August 14, first contact date of August 21 by Hartland (Mike Abbey), seconded by Lakeland (Porter).

Roll Call Vote: Brighton – Yes, Hartland – Yes, Howell – No, Hamburg – Yes, Milford – No, Lakeland – Yes, South Lyon – Yes. Motion passes 5-2.

Motion to have our first game on September 9 by South Lyon (Myer), seconded by Brighton (Bastianelli). Motion passed unanimously.

Bylaws – first reading

Revision 1 Instructional Level Blind Draw: Article 16 Heading Change – Team Formation (All levels, including instructional)

Revision 2 – Secretary duties when secretary is absent: Add Article 10.3.k – Absent Secretary Rule: In the event the secretary position is not filled or is absent for any reason, the responsibility for taking notes during board meetings shall be handled by communities present. This responsibility will be on a rotating basis alphabetical order. This community will respectfully submit the meeting minutes on behalf of the secretary and make note of such within the meeting minutes for tracking purposes.

Revision 3 – Bylaw change log: Proposed LCAJFL Bylaw Rule Change Form by Howell (Curtin) - The intent of the form is to introduce a possible Bylaw change. This form outlines the current rule, the proposed rule and reasons for changes. See proposal in LCAJFL DropBox.

Revision 4 – Offseason Activities: Section 2 – Offseason Activities

1. Offseason football activity timing is labeled as any activity done so during the period between a team's final game of the season and the leagues established first day of practice for the following season.
2. Illegal offseason football activities are labeled as any event where no other players, teams or communities are formally invited to the same event. This includes any speed and agility camps, football specific camps,

practices, 7on7 Leagues, post season leagues, and any individual training, all where five or more players are participating from the same team (per MHSAA Rule, Section 11, H). Absolutely no contact related training is allowed in the offseason unless approved by the LCAJFL. Such contact related activities would be limited to post-season tournaments outside of the LCAJFL.

3. Offseason football activities such as post-season tournaments, 7 on 7 leagues and Community Camps and Clinics will be made available to all communities during the offseason by the LCAJFL. All communities will be invited to these tournaments or camps and it would be up to the individual communities to supply teams or players for these events. A community's non-involvement in such activities does not allow them to disallow or question other communities from the same benefit.
4. Legal offseason football activities are any event where prior notification is given to all LCAJFL communities at least 14 days in advance of the event and fair inclusion is allowed. It is not acceptable to hold a camp and limit the camp to 25 kids, invite everyone to the camp and then say the camp is full after your community specifically fills the camp. This would be considered an illegal team activity.
5. Any coaches found to be holding illegal offseason football activities will be suspended for 2 weeks AND 2 games at the beginning of the season. This suspension does not have to run concurrent. It is possible for the 2-week suspension to be carried out during pre-season practices and then the 2 game suspension to be carried out during weeks 1 and 2 of that season. The coach would be allowed to practice with the team during the game week suspension if he has already served his full 2-week suspension in pre-season. A second violation from the same coach in any subsequent years will result in permanent expulsion from the LCAJFL.
6. Any coach found to be holding illegal offseason football activities would also result in the community losing an entire home game for that season (all colors). A second violation from any coach within the community during that year will result in a loss of a home game AND a post-season ban for that community for the year.

Additional Revisions:

Article 3 Purpose – possibly list out Communities; Brighton, Byron, Hamburg, Hartland, Howell, Lakeland, Milford and South Lyon in the this section.

Article 6 – change the number (7) of communities to a percentage (i.e 50%) that needs to be in attendance to constitute a quorum.

ARTICLE 25 - PRACTICE

Section 1 – In Season

- A. Formal practice not permitted before the date established by the Livingston County Area Youth Football League Board of Commissioners.
- B. Practice Guidelines
 - i. Preseason Week 1 (Absolutely No Contact) Heat Acclimatization Period Practice must not exceed 180 minutes (3 hours) per day Practice must not exceed 720 minutes (12 hours) per week. The first 6 hours of practice this week must be completed with helmets only. The next 4 hours of practice must be completed with up to full equipment. Any additional hours within that first week must be completed with participants in up to full equipment but still no contact.
 - ii. Preseason Weeks 2 - 4 (Full Contact Allowed)
Practice must not exceed 180 minutes (3 hours) per day
Practice must not exceed 720 minutes (12 hours) per week
 - iii. Regular Season (Including Labor Day Week)
Practice must not exceed 120 minutes (2 hours) per day
Practice must not exceed 360 minutes (6 hours) per week
- C. After the first week of league scheduled games, no team is allowed to practice more than six (6) hours per week (total practice time).
- D. Viewing tapes is considered practice.
- E. There will be NO practices held on Sundays.

Game Rules – first reading

Revision 1 – Game Ball verbiage

OPTION A

Section 5 – Game Balls

- A. The primary color for all game balls must be brown.
- B. The ball shall be of a good grade of leather, rubber or composite material. No stickum or any other sticky based product can be used on game balls. The game ball surface must remain unaltered.
- C. All game balls must be inflated to the psi level listed on the ball. Balls cannot be altered during the game and must remain at the suggested psi level. All balls are subject to inspection by Commissioners if they feel that balls have been tampered with during the course of play. If no psi level is listed on the ball, both Commissioners must agree to a proper psi level prior to game play.
- D. Only one ball can be used by a team during a game. Balls cannot be switched for kicking or any other purpose during the course of play. In the event a team's ball becomes damaged during the course of play, the other team's ball will be used exclusively for the remainder of the game. If that ball also becomes damaged, an additional ball supplied by the Home team and approved by both Commissioners will be used.
- E. The game football for freshman and Instructional teams shall be no less than eleven and one half (11 ½") inches, from end to end.
- F. The game ball for Jr. Varsity and Varsity teams shall be no less than twelve and one half (12 ½") inches or longer, from end to end. Note: The measurement is to be made from one end, following the curve of the ball, to the other end measured on the laces.
- G. ALL game balls are to be inspected, measured, and approved by the commissioners at the weigh-in.

OPTION B

- A. The primary color for all game balls must be brown.
- B. The ball shall be of a good grade of leather, rubber or composite material. No stickum or any other sticky based product can be used on game balls. The game ball surface must remain unaltered.
- C. All game balls must be inflated to the psi level listed on the ball. Balls cannot be altered during the game and must remain at the suggested psi level. All balls are subject to inspection by Commissioners if they feel that balls have been tampered with during the course of play. If no psi level is listed on the ball, both Commissioners must agree to a proper psi level prior to game play.
- D. Only one ball can be used by a team during a game. Balls cannot be switched for kicking or any other purpose during the course of play. In the event a team's ball becomes damaged during the course of play, the other team's ball will be used exclusively for the remainder of the game. If that ball also becomes damaged, an additional ball supplied by the Home team and approved by both Commissioners will be used.
- E. The following chart lists acceptable balls per the LCAJFL:

Division of Play	Under Armour	Wilson	Spalding	Rawlings	Nike
Instructional	Pee Wee	K2	Pee Wee	Pro5 Pee Wee	Junior (Size 7)
Freshman					
Junior Varsity	Junior or Youth	TDJ, TDY	Junior or Youth	Pro5 Youth	Youth (Size 8)
Varsity					

Revision 2 – Game Rule Change Log: Proposed LCAJFL Bylaw Rule Change Form by Howell (Curtin) - The intent of the form is to introduce a possible Rule change. This form outlines the current rule, the proposed rule and reasons for changes. See proposal in LCAJFL DropBox.

No Additional Revisions.

New Business

Playoff Format: The following proposal outlines the tentative Game and Playoff schedule for LCAJFL. All teams would play a minimum of 8 games for the year. The top 2 teams from each division will make the playoffs.

- Week 1-6: Regular Games
- Week 7: Quarterfinals
- Week 8: Semifinals
- Week 9: Championship Game

For those teams not qualifying for the playoffs after Week 6 will then play against other non-playoff teams during Week 7 & 8. The intent is to have comparable teams (i.e. similar records) play against one another during these weeks.

Hartland (Abbey) proposed that the first four games of the season be divisional games. By doing this, the playoffs would start to take shape and help the league prepare the post season schedule.

All communities need to give the LCAJFL their intended number of teams and colors by July 1st. Then the goal is to have the LCAJFL schedule set by August 1. The JV records by winning percentage from 2 years ago (2015) will dictate the schedule.

Age vs. Grade: The Proposed Rule Change by Howell (Curtin) - The intent of the form is to introduce a possible Rule change based on the age of a player instead of their grade. This form outlines the current rule, the proposed rule and reasons for changes. See proposal in LCAJFL DropBox.

Varsity players: 12 or 13 years old as of April 30 of current season

JV players: 10 or 11 years old as of April 30 of current season

Freshman players: 8 or 9 years old as of April 30 of current season

Instructional players: 6 or 7 years old as of April 30 of current season.

Community Reports

Brighton: 2017 SPEED & AGILITY SPRING TRAINING: April 17 – June 26 (20 sessions held every Monday & Wednesday) 6:00-7:30PM at the 2|42 Community Church, Commons – Brighton. Cost: \$50.00

Conducted by certified youth speed & agility coaching specialists, this program is designed to prepare young athletes, ages 6-14, with the essential skills needed to achieve their athletic potential. Focusing on athletic movement efficiency, participants will develop proper running mechanics, jump technique, change of direction and first step quickness.

Brighton (Bastianelli) – brought up the possibility of not charging visiting Football and Cheer coaches for entry into games in all communities. We discussed distributing some kind of tracking form for each community game venue. The idea was to have the visiting Color Commissioner(s) turn in a Football/Cheer Coaching list to the main gate.

Byron: nothing to report

Hamburg: nothing to report

Hartland: nothing to report

Howell: will be reviewing their Equipment and Volunteer fees. They were interested to see what each community charges for these fees.

Lakeland: nothing to report

Milford: Discussed the idea of an upper and lower division for Football.

South Lyon: Discussed the importance of weight and weigh in times. We need to make sure that the Commissioners in charge are zeroing out scales. There were some discrepancies last year.

Upcoming Calendar – March

- USA Football representative attending the March meeting
- Second reading of Bylaw and Rule changes
- Appointment of Secretary

Motion to adjourn at 8:36PM by Howell (Curtin) and seconded by Lakeland (Porter). Motion passed unanimously.